



UNIVERSITY OF  
**REGINA**



**Saturday, January 17, 2004**

**For Immediate Release:**

**Rams Honor Their Best**

Tonight the University of Regina Rams announced their award winners for the 2003 football season. Headlining this year's list was 4<sup>th</sup> year punter/receiver Jon Ryan, An All Canadian for the second consecutive season Ryan was named the Rams Most Valuable player as voted on by his teammates.

**2003 University of Regina Rams Award Winners**

2003 All Canadian Academic Award

**Mike Ervin, Tony Plett,  
Chris Brittz, Jesse Sakires,  
Ian Bonnell**

2003 CIS All Star Award (first team All Canadian)  
2003 CIS All Star Award (second team All Canadian)  
2003 Canada West All Star Award (first team)

**Jon Ryan  
Shane Ostapowich  
Matt Dean, Neal Hughes,  
Todd Krenbrink, Jon Ryan,  
Craig Zimmer, Shane Ostapowich**

2003 Canada West All Star Award (second team)

**Mark Anderson, Jon Ryan**

Les Ludwig Memorial Award – *Offensive Back*  
Don Tingle Award – *Defensive Lineman*  
Barker's Trophies Award – *Offensive Lineman*  
O & T Farms Award – *Defensive Back*  
Bazaar and Novelty Award – *Leading Scorer*  
Conexus Credit Union Award – *Special Team Player*  
Crestview Chrysler "Ram Tough" Award – *Linebacker*  
F.W. Barber Limited – *Defensive Points Leader*  
Mr. Lube Award – *Top Receiver*  
Molson Canada - *Rookie of the Year Award*  
Gord Currie Award – *Leadership and Commitment*  
Mike Schmidt Award  
Danka Canada - *Most Valuable Player* (as voted by the players)

**Neal Hughes  
Jon Cormier  
Todd Krenbrink  
Ian Bonnell  
Jon Ryan  
Jon Ryan  
Craig Zimmer  
Craig Zimmer  
Shane Ostapowich  
Luke Derkson  
Cory Olynick  
Jesse Sakires  
Jon Ryan**

**The Rams also acknowledged the efforts and provided awards to the Regina Intercollegiate Football League Coaching Staffs of the Year:**

**Stewart Conference** – Weyburn Eagles  
**Head Coach** – **Darren Abel**  
**Assistants** - Chris Michel, Rob Embree,  
Mike Hoffman, Len Williams, Trent Hueber

**Schwann Conference** – Winston Knoll Wolverines  
**Head Coach** – **Kelly Adams**  
**Assistants** - Blair Litzenberger,  
Scott MacAulay, Ryan Flett, Dan Karikas,  
Chris Flory, Trevor Flory, Terry Braman,  
David Boschman, Josh Miller, Tate Quest,  
Darren Johnston